



## Maximize your Physical Therapy with Remote Therapeutic Monitoring

What is RTM? Remote Therapeutic Monitoring, or RTM, is our way of helping you reach your physical therapy goals from the comfort of your own home. Not only do you have 45-minute appointments, one-on-one with a physical therapist in the clinic of your choice, but now you can receive remote home visits throughout the week as well. Our dedicated RTM therapist, Matt Jurek DPT, CSCS, will meet with you online between in-clinic appointments, to ensure you are doing your exercises correctly, to make minor modifications in your care as necessary, and to answer all your questions, working closely with your regular therapist. Research shows that this level of continuous care makes for the best outcomes. RMT is being made available to Medicare and MedAdvantage patients only.

How to enroll: You will receive an email from Jackson County Physical Therapy via keethealthapp.com shortly after your first in-clinic appointment at JCPT. Follow instructions in the email to sign up for the RTM program. Registration takes approximately 5 minutes.

JCPT therapist, Matt Jurek, has over 14 years of clinical experience. Matt will contact you and be responsible for overseeing your Remote Therapeutic Monitoring.

His contact information is [mattj@jc-pt.com](mailto:mattj@jc-pt.com)  
(541) 414-3442.

